

NEWS

RESTAURANTE & LOUNGE BAR

MENU SNACKS

PEQUENOS ALMOÇOS | BREAKFAST TIME

Servido até às 12:30H | Served until 12:30 Daytime

SUNRISE START

Tosta de Abacate | Avocado Toast

Tosta, Ovo Escalfado, Abacate, Pimenta, Lima, Coentros, Sal e Azeite
Toast, Poached Egg, Avocado, Pepper, Lime, Coriander, Salt and Olive Oil

Padaria | Bakery

Cesto de Pães e Croissants, Manteiga, Compota Caseira feita com Frutas da Época
Basket of Breads and Croissants, Homemade Jam with Seasonal Fruits

Light | Light

Papas de Aveia, Banana, Frutos Vermelhos, Coco e Mel
Porridge, Banana, Red Fruits, Coconut and Honey

Fresh | Fresh

Iogurte Grego, Pêra Confitada, Mel e Granola Caseira
Greek Yogurt, Pear Confit, Honey and Homemade Granola

Mini Panquecas | Mini Pancakes

Com Frutos Vermelhos e Mel
With Red Fruits and Honey

Peq. Almoço Inglês | English Breakfast

Ovo, Salsicha, Bacon, Feijão, Cogumelos, Tomate e Tosta
Egg, Sausage, Bacon, Beans, Mushrooms, Tomato and Toast

Ovos | Eggs

Tosta, Ovos Mexidos, Estrelados ou Escalfados, Abacate, e Bacon
Toast, Scrambled, Fried or Poached Eggs, Avocado and Bacon

Ovos Benedict | Benedict Eggs

2 Ovos, Bacon, Tosta, Molho Holandês e Espinafres Frescos
2 Eggs, Bacon, Toast, Hollandaise Sauce and Fresh Spinach

Madrugadores | Early Riser

Salmão Fumado, Torrada, Ovos Mexidos, Espinafres e Abacate da nossa Horta
Smoked Salmon, Toast, Scrambled Eggs, Spinach and Avocado from our Garden

Pequeno Almoço Especial | Big Boys Breakfast

2 Ovos, 2 Salsichas, 2 Bacon, Feijão, Cogumelos, Tomate, Tosta e Batata Frita
2 Eggs, 2 Sausages, 2 Bacon, Beans, Mushrooms, Tomato, Toast and Chips

Bagel | Bagel

Queijo Filadélfia, Tomate, Cebola Roxa, Abacate e Alface
Cream Cheese, Tomato, Red Onion, Avocado and Lettuce

Croissant | Croissant

Perú, Bacon, Queijo, Abacate, Tomate e Alface
Turkey, Bacon, Cheese, Avocado, Tomato & Lettuce

BRUNCH PARA DOIS | BRUNCH FOR TWO

Ovos Mexidos, Salmão Fumado, Abacate, Queijo, Fiambre, Doce da Casa, Manteiga, Iogurte, Granola,
Frutas Variadas, Sumo de Laranja Natural, Cesto de Pão Misto e Croissant
Scrambled Eggs, Smoked Salmon, Avocado, Cheese, Ham, Homemade Jam, Butter, Yogurt, Granola,
Assorted Fruits, Fresh Orange Juice, Mixed Breadbasket and Croissant

SANDWICHES, TOSTAS, SALADAS, WRAPS & BOWLS

SANDWICHES, TOASTIES, SALADS, WRAPS & BOWLS

SANDWICHES

Atum | Tuna

Pasta de Atum Caseira com Maionese, Cebola, Pimento Verde, Alface e Tomate
Homemade Tuna Pate with Mayonnaise, Onion, Green Pepper, Lettuce and Tomato

Salmão | Salmon *

Salmão Fumado, Alface, Pepino, Cebola Roxa, Molho Dill e Ovo
Smoked Salmon, Lettuce, Cucumber, Red Onion, Dill Sauce and Egg

** Servido com Batata Frita. Served with Fries.*

Club | Club *

Fiambre, Queijo, Bacon, Ovo, Alface, Tomate, Frango e Maionese
Ham, Cheese, Bacon, Chicken, Egg, Lettuce, Tomato, Mayonnaise and Chips

** Servido com Batata Frita. Served with Fries.*

Health Club | Health Club

Pão Integral, Fiambre, Queijo, Tomate, Pepino, Alface, Abacate, Cenoura, Cebola, Beterraba, Espinafres e Molho Iogurte
Whole Wheat Bread, Ham, Cheese, Tomato, Cucumber, Lettuce, Avocado, Carrot, Onion, Beetroot, Spinach and Yogurt Sauce

Camarão | Prawn

Camarão, Ovo Cozido, Folhas Verdes, Pepino, Abacate e Molho Cocktail
Prawns, Boiled Egg, Mixed Lettuce, Cucumber, Avocado and Cocktail Sauce

Prego do Lombo | Fillet Steak on Bread *

** Servido com Batata Frita. Served with Fries.*

Bagel | Bagel

Queijo Filadélfia, Salmão Fumado, Alcaparras, Rúcula e Cebola Roxa
Philadelphia Cheese, Smoked Salmon, Capers, Rocket Salad and Red Onion

TOSTAS | TOASTIES

Servido com batata frita | Served with chips

Mista | Mix

Queijo e Fiambre
Cheese and Ham

Atum | Tuna

Atum, Tomate, Cebola e Maionese
Tuna, Tomato, Onion and Mayonnaise

Galinha | Chicken

Galinha, Tomate, Cebola e Maionese
Chicken, Tomato, Onion and Mayonnaise

Mista Especial | Special Mix Toast

Fiambre, Queijo, Tomate e Cebola
Ham, Cheese, Tomato and Onion

SALADAS | SALADS

Salmão | Salmon

Salmão Fumado, Tomate Cereja, Mistura de Salada Verde, Lima, Cebola Roxa, Abacate, Tostas e Molho Dill
Smoked Salmon, Cherry Tomato, Mixed Green Salad, Lime, Red Onion, Avocado, Toast and Dill Sauce

César | Caesar

Frango, Croutons, Alface Romana, Bacon, Lascas de Queijo Parmesão e Molho César
Chicken, Croutons, Roman Lettuce, Bacon, Parmesan Shavings and Caesar Sauce

Camarão | Prawns

Camarão, Misturas de Salada Verde, Abacate, Pepino, Coentros, Espinafres, Rabanete, Molho Asiático e Sementes de Sésamo
Prawns, Mixed Green Salad, Avocado, Cucumber, Coriander, Spinach, Radish, Asian Sauce and Sesame Seeds

Chèvre | Chèvre

Queijo Chèvre, Tosta, Pêra, Beterraba, Laranja, Nozes, Mel, Folhas Verdes, Tomate Cherry, Brotos e Sementes de Girassol
Chèvre Cheese, Toast, Pear, Beetroot, Orange, Nuts, Honey, Green Leaves, Sprouts and Sesame Seeds

Grega | Greek

Queijo Feta, Azeitonas, Tomate, Pepino, Pimento e Cebola Roxa
Feta Cheese, Olives, Tomato, Cucumber, Red Pepper and Red Onion

WRAPS

Salmão | Salmon

Salmão Fumado, Alface, Pepino e Molho Dill
Smoked Salmon, Lettuce, Cucumber and Dill Sauce

Camarão | Prawns

Camarão, Alface, Pepino, Abacate e Molho Cocktail
Prawns, Lettuce, Cucumber, Avocado and Cocktail Sauce

Falafel (Pão Pita) | Falafel (Pita Bread)

Falafel, Alface, Cebola, Cenoura, Beterraba, Coentros, Hortelã e Molho de Iogurte
Falafel, Lettuce, Onion, Carrot, Beetroot, Coriander, Mint and Yogurt Sauce

Tiras de Carne (Pão Pita) | Meat Stripes (Pita Bread)

Tiras de Carne Frita Temperada com Especiarias, Alface, Cebola, Cenoura, Coentros, Chilli e Molho de Iogurte
Fried Meat Stripes, Tempered with Spices, Lettuce, Onion, Carrot, Coriander and Yogurt Sauce

BOWLS

Vegana | Vegan

Arroz, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Espinafres, Sésamo, Tomate Cereja, Gengibre e Amendoins Crocantes
Rice, Cucumber, Seaweed, Corn, Avocado, Edamame, Carrot, Spinach, Sesame Seeds, Cherry Tomato, Ginger and Crunchy Peanuts

Camarão | Prawns

Arroz, Camarão, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Sésamo, Gengibre, Cebola, Crocante e Wazabi Aioli
Rice, Prawns, Cucumber, Seaweed, Corn, Avocado, Carrot, Edamame, Sesame Seeds, Ginger, Crispy Onion and Wazabi Aioli

Atum | Tuna

Arroz, Atum, Pepino, Algas, Manga, Milho, Edamame, Gengibre, Sésamo, Amendoins Crocantes, Cebola Crocante e Wazabi Aioli
Rice, Tuna, Cucumber, Seaweed, Corn, Edamame, Sesame Seeds, Ginger, Mango, Crunchy Peanuts, Crispy Onion and Wazabi Aioli

Salmão | Salmon

Arroz, Salmão, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Gengibre, Sésamo e Cebola Crocante
Rice, Salmon, Cucumber, Seaweed, Corn, Avocado, Edamame, Carrot, Ginger, Sesame Seeds and Crispy Onion

PIZZAS & HAMBURGUERES

PIZZAS & BURGERS

PIZZAS

MARGHERITA

Tomate, Mozzarella e Oregãos
Tomato, Mozzarella and Oregano

HAM

Tomate, Mozzarella, Fiambre e Oregãos
Tomato, Mozzarella, Ham and Oregano

ALAGLIO

Tomate, Mozzarella, Azeite de Alho, Tomate Cereja e Manjeriçã
Tomato, Mozzarella, Garlic Olive Oil, Cherry Tomato and Basil

ROMANA

Tomate, Mozzarella, Cogumelos, Fiambre e Alcachofras
Tomato, Mozzarella, Mushrooms, Ham and Artichokes

VEGETARIANA

Tomate, Mozzarella, Cebola, Cogumelos, Alcachofras, Curgete, Milho, Pimento Verde, Azeitonas, Brócolos e Espinafres
Tomato, Mozzarella, Onion, Mushrooms, Artichokes, Courgette, Corn, Green Pepper, Olives, Broccoli and Spinach

AL CARPACCIO

Tomate, Mozzarella, Carpaccio de Lombo, Rúcula e Lascas de Parmesão
Tomato, Mozzarella, Beef Carpaccio, Rocket Salad and Parmesan Shavings

MOZZARELLA

Tomate, Mozzarella, Tomate Cereja, Rúcula e Mozzarella Búfala
Tomato, Mozzarella, Cherry Tomato, Rocket Salad and Buffalo Mozzarella

BASIL

Tomate, Mozzarella, Pesto de Manjeriçã, Parmesão e Tomate Cereja
Tomato, Mozzarella, Basil Pesto, Parmesan Shavings and Cherry Tomato

CAMARÃO

Tomate, Mozzarella, Camarão, Espinafres, Tomate Cereja, Cebola Roxa e Azeite de Alho
Tomato, Mozzarella, Prawns, Spinach, Cherry Tomato, Red Onion and Garlic Olive Oil

CAPRICCIOSA

Tomate, Mozzarella, Cogumelos, Malaguetas, Frango Fumado Picado, Azeitonas, Tomate Cereja, Mozzarella Búfala, Manjeriçã e Parmesão
Tomato, Mozzarella, Mushrooms, Chilli Pepper, Smoked Chicken, Olives, Cherry Tomato, Buffalo Mozzarella, Basil and Parmesan Shavings

PROSCIUTTO

Tomate, Mozzarella, Presunto de Parma, Rúcula e Lascas de Parmesão
Tomato, Mozzarella, Parma Smoked Ham, Rocket Salad and Parmesan Shavings

DIAVOLA

Tomate, Mozzarella e Pepperoni
Tomato, Mozzarella and Pepperoni

HAMBURGUERES | BURGERS

Servido com batata frita | Served with chips

DECK

Hamburguer, Queijo Cheddar, Bacon, Alface, Tomate, Cornichons, Pepperoni e Molho Barbecue
Burger, Cheddar Cheese, Bacon, Lettuce, Tomato, Gherkins, Pepperoni and BBQ Sauce

BURGER NEWS

Hamburguer, Rúcula, Queijo Brie e Cebola
Burger, Rocket Salad, Brie Cheese and Onion

DOUBLE BURGER

Hamburguer Duplo, Alface, Tomate, Queijo Cheddar, Bacon e Cebola Roxa
Double Burger, Lettuce, Tomato, Cheddar Cheese, Bacon and Red Onion

SUMOS NATURAIS & BATIDOS NATURAL JUICES & SMOOTHIES

SUMOS NATURAIS | NATURAL JUICES

SIMPLES | SIMPLE

Laranja | Melância | Melão | Abacaxi | Morango | Manga
Orange | Watermelon | Melon | Pineapple | Strawberry | Mango

MISTURAS | MIXES

1 - Laranja, Ananás e Manga
Orange, Pineapple and Mango

2 - Laranja, Ananás e Gengibre
Orange, Pineapple and Ginger

3 - Morango, Manga, Laranja e Papaia
Strawberry, Mango, Orange and Papaya

4 - Maçã, Kiwi, Banana e Espinafres
Apple, Kiwi, Banana and Spinach

5 - Beterraba, Espinafres, Manga, Morango, Maçã, Banana e Laranja
Beetroot, Spinach, Mango, Strawberry, Apple, Banana e Orange

BATIDOS | SMOOTHIES

1 - Abacate, Maçã, Aveia, Leite de Amêndoa e Mel
Avocado, Apple, Oat, Almond Milk and Honey

2 - Banana, Iogurte Natural, Côco e Chia
Banana, Natural Yogurt, Coconut and Chia Seeds

3 - Morango, Banana e Iogurte
Strawberry, Banana and Yogurt

4 - Banana, Frutos Vermelhos e Leite de Aveia
Banana, Red Fruits and Oat Milk

[DETOX]

5 - Ananás, Banana, Espinafres, Laranja, Gengibre e Brócolos
Pineapple, Banana, Espinafres, Orange, Ginger and Broccoli

[DETOX]

6 - Chá-verde Frio, Limão, Kiwi, Hortelã, Gengibre e Chia
Cold Green Tea, Lemon, Kiwi, Mint, Ginger and Chia Seeds

[DETOX]

7 - Pepino, Hortelã, Limão e Gengibre
Cucumber, Mint, Lemon and Ginger

NEWS

RESTAURANTE & LOUNGE BAR

Todos os pratos são confeccionados no momento, agradecemos a sua compreensão em períodos de maior afluência. Obrigado!

Temos disponível para consulta a listagem de ingredientes ou substâncias que causam alergias ou intolerâncias alimentares de acordo com o Regulamento (EU) nº 1169/2011 de 25 de Outubro.

Nenhum Prato, Produto Alimentar ou Bebida, incluindo o Couvert, pode ser cobrado se não for solicitado pelo cliente ou por este ser inutilizado.

*IVA incluído à taxa em vigor. Temos Livro de Reclamações

All dishes are made by order, we appreciate your understanding during busy periods. Thank you!

We have available for consultation the list of ingredients or substances that cause food allergies or intolerances according to Regulation (EU) No. 1169/2011 of 25 October.

No Plate, Food Product or Drink, including Couvert, can be charged if not requested by the customer or if it is unused.

**VAT included at the current rate. We have a Complaints Book.*