

NEWS

RESTAURANTE & LOUNGE BAR

MENU SNACKS

PEQUENOS ALMOÇOS | BREAKFAST TIME

Servido até às 12:30H | Served until 12:30 Daytime

SUNRISE START

Tosta de Abacate | Avocado Toast

Tosta, Ovo Escalfado, Abacate, Pimenta, Lima, Coentros, Sal e Azeite
Toast, Poached Egg, Avocado, Pepper, Lime, Coriander, Salt and Olive Oil

Padaria | Bakery

Cesto de Pães e Croissants, Manteiga, Compota Caseira feita com Frutas da Época
Basket of Breads and Croissants, Homemade Jam with Seasonal Fruits

Light | Light

Papas de Aveia, Banana, Frutos Vermelhos, Coco e Mel
Porridge, Banana, Red Fruits, Coconut and Honey

Fresh | Fresh

Iogurte Grego, Pêra Confitada, Mel e Granola Caseira
Greek Yogurt, Pear Confit, Honey and Homemade Granola

Mini Panquecas | Mini Pancakes

Com Frutos Vermelhos e Mel
With Red Fruits and Honey

Peq.Almoço Inglês | English Breakfast

Ovo, Salsicha, Bacon, Feijão, Cogumelos, Tomate e Tosta
Egg, Sausage, Bacon, Beans, Mushrooms, Tomato and Toast

Ovos | Eggs

Tosta, Ovos Mexidos, Estrelados ou Escalfados, Abacate, e Bacon
Toast, Scrambled, Fried or Poached Eggs, Avocado and Bacon

Ovos Benedict | Benedict Eggs

2 Ovos, Bacon, Tosta, Molho Holandês e Espinafres Frescos
2 Eggs, Bacon, Toast, Hollandaise Sauce and Fresh Spinach

Madrugadores | Early Riser

Salmão Fumado, Torrada, Ovos Mexidos, Espinafres e Abacate da nossa Horta
Smoked Salmon, Toast, Scrambled Eggs, Spinach and Avocado from our Garden

Pequeno Almoço Especial | Big Boys Breakfast

2 Ovos, 2 Salsichas, 2 Bacon, Feijão, Cogumelos, Tomate, Tosta e Batata Frita
2 Eggs, 2 Sausages, 2 Bacon, Beans, Mushrooms, Tomato, Toast and Chips

Bagel | Bagel

Queijo Filadélfia, Tomate, Cebola Roxa, Abacate e Alface
Cream Cheese, Tomato, Red Onion, Avocado and Lettuce

Croissant | Croissant

Perú, Bacon, Queijo, Abacate, Tomate e Alface
Turkey, Bacon, Cheese, Avocado, Tomato & Lettuce

BRUNCH PARA DOIS | BRUNCH FOR TWO

Ovos Mexidos, Salmão Fumado, Abacate, Queijo, Fiambre, Doce da Casa, Manteiga, Iogurte, Granola,
Frutas Variadas, Sumo de Laranja Natural, Cesto de Pão Misto e Croissant
Scrambled Eggs, Smoked Salmon, Avocado, Cheese, Ham, Homemade Jam, Butter, Yogurt, Granola,
Assorted Fruits, Fresh Orange Juice, Mixed Breadbasket and Croissant

SANDWICHES, TOSTAS, SALADAS, WRAPS & BOWLS
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SANDWICHES

Atum | Tuna

Pasta de Atum Caseira com Maionese, Cebola, Pimento Verde, Alface e Tomate
Homemade Tuna Pate with Mayonnaise, Onion, Green Pepper, Lettuce and Tomato

Salmão | Salmon *

Salmão Fumado, Alface, Pepino, Cebola Roxa, Molho Dill e Ovo
Smoked Salmon, Lettuce, Cucumber, Red Onion, Dill Sauce and Egg

** Servido com Batata Frita. Served with Fries.*

Club | Club *

Fiambre, Queijo, Bacon, Ovo, Alface, Tomate, Frango e Maionese
Ham, Cheese, Bacon, Chicken, Egg, Lettuce, Tomato, Mayonnaise and Chips

** Servido com Batata Frita. Served with Fries.*

Health Club | Health Club

Pão Integral, Fiambre, Queijo, Tomate, Pepino, Alface, Abacate, Cenoura, Cebola, Beterraba, Espinafres e Molho Iogurte
Whole Wheat Bread, Ham, Cheese, Tomato, Cucumber, Lettuce, Avocado, Carrot, Onion, Beetroot, Spinach and Yogurt Sauce

Camarão | Prawn

Camarão, Ovo Cozido, Folhas Verdes, Pepino, Abacate e Molho Cocktail
Prawns, Boiled Egg, Mixed Lettuce, Cucumber, Avocado and Cocktail Sauce

Prego do Lombo | Fillet Steak on Bread *

** Servido com Batata Frita. Served with Fries.*

Bagel | Bagel

Queijo Filadelfia, Salmão Fumado, Alcaparras, Rúcula e Cebola Roxa
Philadelphia Cheese, Smoked Salmon, Capers, Rocket Salad and Red Onion

TOSTAS | TOASTIES

Servido com batata frita | Served with chips

Mista | Mix

Queijo e Fiambre
Cheese and Ham

Atum | Tuna

Atum, Tomate, Cebola e Maionese
Tuna, Tomato, Onion and Mayonnaise

Galinha | Chicken

Galinha, Tomate, Cebola e Maionese
Chicken, Tomato, Onion and Mayonnaise

Mista Especial | Special Mix Toast

Fiambre, Queijo, Tomate e Cebola
Ham, Cheese, Tomato and Onion

SALADAS | SALADS

Salmão | Salmon

Salmão Fumado, Tomate Cereja, Mistura de Salada Verde, Lima, Cebola Roxa, Abacate, Tostas e Molho Dill
Smoked Salmon, Cherry Tomato, Mixed Green Salad, Lime, Red Onion, Avocado, Toast and Dill Sauce

César | Caesar

Frango, Croutons, Alface Romana, Bacon, Lascas de Queijo Parmesão e Molho César
Chicken, Croutons, Roman Lettuce, Bacon, Parmesan Shavings and Caesar Sauce

Camarão | Prawns

Camarão, Misturas de Salada Verde, Abacate, Pepino, Coentros, Espinafres, Rabanete, Molho Asiático e Sementes de Sésamo
Prawns, Mixed Green Salad, Avocado, Cucumber, Coriander, Spinach, Radish, Asian Sauce and Sesame Seeds

Chèvre | Chèvre

Queijo Chèvre, Tosta, Pêra, Beterraba, Laranja, Nozes, Mel, Folhas Verdes, Tomate Cherry, Brotos e Sementes de Girassol
Chèvre Cheese, Toast, Pear, Beetroot, Orange, Nuts, Honey, Green Leaves, Sprouts and Sesame Seeds

Grega | Greek

Queijo Feta, Azeitonas, Tomate, Pepino, Pimento e Cebola Roxa
Feta Cheese, Olives, Tomato, Cucumber, Red Pepper and Red Onion

WRAPS

Salmão | Salmon

Salmão Fumado, Alface, Pepino e Molho Dill
Smoked Salmon, Lettuce, Cucumber and Dill Sauce

Camarão | Prawns

Camarão, Alface, Pepino, Abacate e Molho Cocktail
Prawns, Lettuce, Cucumber, Avocado and Cocktail Sauce

Falafel (Pão Pita) | Falafel (Pita Bread)

Falafel, Alface, Cebola, Cenoura, Beterraba, Coentros, Hortelã e Molho de Iogurte
Falafel, Lettuce, Onion, Carrot, Beetroot, Coriander, Mint and Yogurt Sauce

Tiras de Carne (Pão Pita) | Meat Stripes (Pita Bread)

Tiras de Carne Frita Temperada com Especiarias, Alface, Cebola, Cenoura, Coentros, Chilli e Molho de Iogurte
Fried Meat Stripes, Tempered with Spices, Lettuce, Onion, Carrot, Coriander and Yogurt Sauce

BOWLS

Vegana | Vegan

Arroz, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Espinafres, Sésamo, Tomate Cereja, Gengibre e Amendoins Crocantes
Rice, Cucumber, Seaweed, Corn, Avocado, Edamame, Carrot, Spinach, Sesame Seeds, Cherry Tomato, Ginger and Crunchy Peanuts

Camarão | Prawns

Arroz, Camarão, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Sésamo, Gengibre, Cebola, Crocante e Wazabi Aioli
Rice, Prawns, Cucumber, Seaweed, Corn, Avocado, Carrot, Edamame, Sesame Seeds, Ginger, Crispy Onion and Wazabi Aioli

Atum | Tuna

Arroz, Atum, Pepino, Algas, Manga, Milho, Edamame, Gengibre, Sésamo, Amendoins Crocantes, Cebola Crocante e Wazabi Aioli
Rice, Tuna, Cucumber, Seaweed, Corn, Edamame, Sesame Seeds, Ginger, Mango, Crunchy Peanuts, Crispy Onion and Wazabi Aioli

Salmão | Salmon

Arroz, Salmão, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Gengibre, Sésamo e Cebola Crocante
Rice, Salmon, Cucumber, Seaweed, Corn, Avocado, Edamame, Carrot, Ginger, Sesame Seeds and Crispy Onion

PIZZAS & HAMBURGUERES

PIZZAS & BURGERS

PIZZAS

MARGHERITA

Tomate, Mozzarella e Oregãos

Tomato, Mozzarella and Oregano

HAM

Tomate, Mozzarella, Fiambre e Oregãos

Tomato, Mozzarella, Ham and Oregano

ALAGLIO

Tomate, Mozzarella, Azeite de Alho, Tomate Cereja e Manjeriçã

Tomato, Mozzarella, Garlic Olive Oil, Cherry Tomato and Basil

ROMANA

Tomate, Mozzarella, Cogumelos, Fiambre e Alcachofras

Tomato, Mozzarella, Mushrooms, Ham and Artichokes

VEGETARIANA

Tomate, Mozzarella, Cebola, Cogumelos, Alcachofras, Curgete, Milho, Pimento Verde, Azeitonas, Brócolos e Espinafres

Tomato, Mozzarella, Onion, Mushrooms, Artichokes, Courgette, Corn, Green Pepper, Olives, Broccoli and Spinach

AL CARPACCIO

Tomate, Mozzarella, Carpaccio de Lombo, Rúcula e Lascas de Parmesão

Tomato, Mozzarella, Beef Carpaccio, Rocket Salad and Parmesan Shavings

MOZZARELLA

Tomate, Mozzarella, Tomate Cereja, Rúcula e Mozzarella Búfala

Tomato, Mozzarella, Cherry Tomato, Rocket Salad and Buffalo Mozzarella

BASIL

Tomate, Mozzarella, Pesto de Manjeriçã, Parmesão e Tomate Cereja

Tomato, Mozzarella, Basil Pesto, Parmesan Shavings and Cherry Tomato

CAMARÃO

Tomate, Mozzarella, Camarão, Espinafres, Tomate Cereja, Cebola Roxa e Azeite de Alho

Tomato, Mozzarella, Prawns, Spinach, Cherry Tomato, Red Onion and Garlic Olive Oil

CAPRICCIOSA

Tomate, Mozzarella, Cogumelos, Malaguetas, Frango Fumado Picado, Azeitonas, Tomate Cereja, Mozzarella Búfala, Manjeriçã e Parmesão

Tomato, Mozzarella, Mushrooms, Chilli Pepper, Smoked Chicken, Olives, Cherry Tomato, Buffalo Mozzarella, Basil and Parmesan Shavings

PROSCIUTTO

Tomate, Mozzarella, Presunto de Parma, Rúcula e Lascas de Parmesão

Tomato, Mozzarella, Parma Smoked Ham, Rocket Salad and Parmesan Shavings

DIAVOLA

Tomate, Mozzarella e Pepperoni

Tomato, Mozzarella and Pepperoni

HAMBURGUERES | BURGERS

Servido com batata frita | Served with chips

DECK

Hamburguer, Queijo Cheddar, Bacon, Alface, Tomate, Cornichons, Pepperoni e Molho Barbecue
Burger, Cheddar Cheese, Bacon, Lettuce, Tomato, Gherkins, Pepperoni and BBQ Sauce

BURGER NEWS

Hamburguer, Rúcula, Queijo Brie e Cebola
Burger, Rocket Salad, Brie Cheese and Onion

DOUBLE BURGER

Hamburguer Duplo, Alface, Tomate, Queijo Cheddar, Bacon e Cebola Roxa
Double Burger, Lettuce, Tomato, Cheddar Cheese, Bacon and Red Onion

SUMOS NATURAIS & BATIDOS

NATURAL JUICES & SMOOTHIES

SUMOS NATURAIS | NATURAL JUICES

SIMPLES | SIMPLE

Laranja | Melância | Melão | Abacaxi | Morango | Manga
Orange | Watermelon | Melon | Pineapple | Strawberry | Mango

MISTURAS | MIXES

1 - Laranja, Ananás e Manga
Orange, Pineapple and Mango

2 - Laranja, Ananás e Gengibre
Orange, Pineapple and Ginger

3 - Morango, Manga, Laranja e Papaia
Strawberry, Mango, Orange and Papaya

4 - Maçã, Kiwi, Banana e Espinafres
Apple, Kiwi, Banana and Spinach

5 - Beterraba, Espinafres, Manga, Morango, Maçã, Banana e Laranja
Beetroot, Spinach, Mango, Strawberry, Apple, Banana e Orange

BATIDOS | SMOOTHIES

1 - Abacate, Maçã, Aveia, Leite de Amêndoa e Mel
Avocado, Apple, Oat, Almond Milk and Honey

2 - Banana, Iogurte Natural, Côco e Chia
Banana, Natural Yogurt, Coconut and Chia Seeds

3 - Morango, Banana e Iogurte
Strawberry, Banana and Yogurt

4 - Banana, Frutos Vermelhos e Leite de Aveia
Banana, Red Fruits and Oat Milk

[DETOX]

5 - Ananás, Banana, Espinafres, Laranja, Gengibre e Brócolos
Pineapple, Banana, Espinafres, Orange, Ginger and Broccoli

[DETOX]

6 - Chá-verde Frio, Limão, Kiwi, Hortelã, Gengibre e Chia
Cold Green Tea, Lemon, Kiwi, Mint, Ginger and Chia Seeds

[DETOX]

7 - Pepino, Hortelã, Limão e Gengibre
Cucumber, Mint, Lemon and Ginger

NEWS

RESTAURANTE & LOUNGE BAR

Todos os pratos são confeccionados no momento, agradecemos a sua compreensão em períodos de maior afluência. Obrigado!

Temos disponível para consulta a listagem de ingredientes ou substâncias que causam alergias ou intolerâncias alimentares de acordo com o Regulamento (EU) nº 1169/2011 de 25 de Outubro.
Nenhum Prato, Produto Alimentar ou Bebida, incluindo o Couvert, pode ser cobrado se não for solicitado pelo cliente ou por este ser inutilizado.

*IVA incluído à taxa em vigor. Temos Livro de Reclamações

All dishes are made by order, we appreciate your understanding during busy periods. Thank you!

*We have available for consultation the list of ingredients or substances that cause food allergies or intolerances according to Regulation (EU) No. 1169/2011 of 25 October.
No Plate, Food Product or Drink, including Couvert, can be charged if not requested by the customer or if it is unused.*

**VAT included at the current rate. We have a Complaints Book.*