

PEQUENO-ALMOÇO

BREAKFAST | PETIT-DÛJEUNER

Servido até às 12:00h | Served until 12.00 Daytime | Service jusqu'a 12h00

SUNRISE START

Avocado Toast € 11,5

Tosta, Ovo Escalfado, Abacate, Pimenta, Lima, Coentros, Sal e Azeite
Toast, Poached Egg, Avocado, Pepper, Lime, Coriander, Salt and Olive Oil
Toast, œuf poché, avocat, poivre, citron vert, coriandre, sel et huile d'olive

Padaria . Bakery € 11,5

Cesto de Pastéis de Nata, Croissants, Pão, Manteiga com Compota Caseira
Basket of Pastéis de Nata, Bread, Croissants, butter, and Homemade Jam
Corbeille de Pastéis de Nata, Pain. Croissants, Beurres et confitures maison

Mini Panquecas € 11,9

Com Frutos Vermelhos e Mel
Mini Pancakes with red berries and honey
Mini Pancakes avec fruits rouges et miel

Fresh € 11

Iogurte Grego, Pêra Confitada, Mel e Granola Caseira
Greek Yogurt, Pear Confit, Honey and Homemade Granola
Yaourt grec, poires confites, miel et granola maison

Light € 11,5

Papa de Aveia, Banana, Frutos Vermelhos, Coco e Mel
Porridge, Banana, Red Fruits, Coconut and Honey
Bouillie, Banane, Fruits Rouges, Noix de Coco et Miel

Sandes Bacon & Salsicha € 10,5

Sandwich, Bacon, Sausage
Sandwich, Bacon, Saucisse

OVOS & MAIS

EGGS & MORE | OEUFs ET PLUS

Ovos . Eggs € 15,5

Toast, Ovos Mexidos, Estrelados ou Escalfados, Abacate e Bacon
Toast, Scrambled, Fried or Poached Eggs, Avocado and Bacon
Toast, Œufs Brouillés, Frits ou Pochés, Avocat et bacon

Ovos Benedict . Benedict Eggs € 17,5

2 Ovos, Bacon, Tosta, Molho Holandês e Espinafres Frescos
2 Eggs, Bacon, Toast, Hollandaise Sauce and fresh Spinach
2 œufs, bacon, pain grillé, sauce hollandaise et épinards frais

Ovos Royal . Royal Eggs € 19

2 Ovos, Salmon, Tosta e Molho Holandês
2 Eggs, Salmon, Toast and Hollandaise Sauce
2 œufs, Saumon, pain grillé et sauce Hollandaise

€ 12 PEQ. ALMOÇO INGLÊS

English Breakfast · Petit Dejeuner

Ovo, Salsicha, Bacon, Feijão, Cogumelos, Tomate, Tosta e Hashbrown

Egg, Sausage, Bacon, Beans, Mushrooms, Tomato and Toast
Tomato, Toast and Hashbrown

Oeuf, saucisse, bacon, haricots, champignons, tomates, Toast et Pomme-Frite

BRUNCH PARA DOIS

Brunch Para Dois . Brunch Pour Deux

€ 35,5

Ovos Mexidos, Salmão Fumado, Abacate, Queijo, Fiambre, Doce da Casa, Manteiga, Iogurte, Granola, Frutas Variadas, Sumo de Laranja Natural, Cesto de Pão Misto, Croissant, Pastéis de Nata.

Eggs, Smoked Salmon, Avocado, Cheese, Ham, Homemade Jam, Butter, Yogurt, Granola, Assorted Fruits, Fresh Orange juice, Mixed Breadbasket and Croissant, Pastéis de Nata.

Œufs, saumon fumé, avocat, fromage, jambon, confiture maison, beurre, yaourt, granola, fruits assortis, jus d'orange frais, panier de pain mixte et croissant, Pastéis de Nata.

Bagel Phila € 10,5

Baguel com Queijo Filadélfia. Tomate, Cebola Roxa, Abacate e Alface
Bagel with Philadelphia Cheese, Tomato, Red Onion, Avocado and Lettuce
Bagel au fromage Philadelphie. Tomate, Oignon rouge, Avocat et Laitue

Pequeno Almoço Especial .

Big Boys Breakfast

€ 13,5

2 Ovos, 2 Salsichas, 2 Bacon, Feijão, Cogumelos, Tomate, Tosta e Batata Frita
2 Eggs, 2 Sausage, 2 Bacon, Beans, Mushrooms, Tomato, Toast and Hash Browns
2 œufs, 2 saucisses, 2 bacon, Haricots, Champignons, Tomates, pain grillé et Frites

Madrugadores . Early Riser € 18,9

Salmão Fumado, Torrada, Ovos Mexidos, Espinafres e Abacate da nossa Horta
Smoked Salmon, Toast, Scrambled Eggs, Spinach and Avocado from our Farm
Saumon fumé, pain grillé, œufs brouillés, Épinards et Avocat de notre jardin

BEBIDAS DE MANHÃ

MORNING BEVERAGE - BOISSONS DU MATIN

Café / Expresso

Café Duplo / Double Expresso

Capuccino

Leite com Chocolate / Hot Chocolat

Affogato (Coffee, Scoop Vanilla Ice Cream and Amaretto)

Irish Coffee (Coffee, Irish Whiskey and Cream)

Tia Maria Coffee (Coffee, Tia Maria Liqueur and Cream)

Bailey's Coffee (Coffee, Irish Bayley's and Cream)

Calypso Coffee (Coffee, White Rhum and Cream)

Chá Preto Early Grey / Black Tea Early Grey

Chá Verde / Green Tea

Chá Hortelã e Gengibre / Mint and Ginger Tea

Infusão de Chá Cidreira / Lemongrass Tea Infusion

Infusão de Chá Tomilho e Limão / Thyme and Lemon Tea Infusion

Infusão de Hortelã Verde / Green Mint Infusion

Infusão de Chá Lúcia-Lima / Lemon Verbena Tea Infusion

Sumo Laranja / Orange Juice

2,5€

4,5€

4,5€

4,5€

10€

10€

10€

10€

10€

4€

3,5€

3,5€

4,5€

4,5€

4,5€

4,8€

SUMOS NATURAIS

NATURAL JUICES | JUS DE FRUITS NATURELS

€ 5

Laranja | Melância | Melão | Abacaxi | Morango | Manga

Orange | Watermelon | Melon | Pineapple | Strawberry

Mango | Orange | Pastèque | Melon | Ananas | Fraise

1 · Laranja, Ananás E Manga

Orange, Pineapple And Mango

Orange, ananas et mangue

2 · Ananás, Laranja E Gengibre

Pineapple, Orange And Ginger

Ananas, Orange et Gingembre

3 · Morango, Manga, Laranja E Papaia

Strawberry, Mango, Orange And Papaya

Fraise, mangue, orange et papaye

4 · Maçã, Kiwi, Banana E Espinafres

Apple, Kiwi, Banana And Spinach

Pomme, kiwi, banane et épinards

5 · Beterraba, Espinafres, Morango,

Maçã, Banana E Laranja

Betterave, épinards, fraise, pomme,

banane et orange

Beetroot, Spinach, Strawberry,

Apple, Banana And Orange

€ 8

SMOOTHIES

€ 8

BATIDOS

6 · Abacate, Maçã, Aveia,

Leite De Amêndoa E Mel

Avocado, Apple, Oat,

Almond Milk And Honey

Avocat, Pomme, Avoine,

Lait D'amande Et Miel

7 · Banana, Iogurte Natural, Côco

Banana, Natural Yogurt, Coconut

Banane, Yaourt Naturel, Noix De Coco

8 · Morango, Banana E Iogurte

Strawberry, Banana And Yogurt

Fraise, Banane Et Yaourt

10 · Detox - Ananás, Banana, Espinafres,

Laranja, Gengibre, Bróculos

Pineapple, Banana, Spinach, Orange,

Ginger, Broccoli

Ananas, Banane, Épinards, Orange,

Gingembre, Brocoli

11 · Detox - Aipo, Laranja, Maçã,

Espinafre, Banana, Ananás

Celery, Orange, Apple, Spinach,

Banana, Pineapple

Céleri, Orange, Pomme, Épinards,

Banane, Ananas

12 · Detox - Pepino, Hortelã, Limão E

Gengibre

Cucumber, Mint, Lemon And Ginger

Concombre, Menthe, Citron Et Gingembre

SPECIAL MORNING

BLOODY MARY

Vodka, Sumo de tomate, Molho inglês, Tabasco, Sumo de limão, Sal e Pimenta.

Acompanhamento: aipo, Limão, Pepino

Vodka, Tomato juice, Worcestershire sauce, Tabasco, Lemon juice, Salt and pepper

Garnish : Celery, Lemon, Cucumber

Vodka, Jus de tomate, Sauce Worcestershire, Tabasco, Jus de citron, Sel et poivre.

Garniture : Céleri, Citron, Cocombre

BELLINI

Prosecco, Puré de pêssego | Prosecco, Peach purée | Prosecco, Purée de pêche

MIMOSA

Prosecco, Sumo de laranja | Prosecco, Orange juice | Prosecco, Jus d'orange

€ 13

Prosecco

€ 12

Champagne

€ 14

€ 12

€ 14

ALMOÇO

LUNCH | DÉJEUNER

SANDES | SANDWICH

Salmão . Salmon

Salmão Fumado, Alface, Pepino, Cebola Roxa, Molho Dill, Ovo
Smoked Salmon, Lettuce, Cucumber, Red Onion, Dill Sauce, Egg
Saumon fumé, laitue, concombre, oignon rouge, sauce à l'aneth et œuf

Club

Fiambre, Queijo, Bacon, Ovo, Alface, Tomate, Frango, Maionese, Batata-Frita
Ham, Cheese, Bacon, Chicken, Egg, Lettuce, Tomato, Mayonnaise, Chips
Jambon, fromage, bacon, poulet, œuf, laitue, tomate, mayonnaise, Chips

Health Club

Pão Integral, Fiambre, Queijo, Tomate, Pepino, Alface, Abacate, Cenoura, Cebola, Beterraba, Espinafres e Molho logurte
Whole Wheat Bread, Ham, Cheese, Tomato, Cucumber, Lettuce, Avocado, Carrot, Onion, Beetroot, Spinach and Yogurt Sauce
Pain de blé entier, jambon, fromage, tomate, concombre, laitue, avocat, carotte, oignon, betterave, épinards et sauce au yaourt

Camarão . Prawn

Camãrao, Ovo Cozido, Folhas Verdes, Pepino, Abacate e Molho Cocktail
Prawns, Boiled Egg, Mixed Lettuce, Cucumber, Avocado and Cocktail Sauce
Crevettes, Œuf Dur, Laitue Mélangée, Concombre, Avocat Et Sauce Cocktail

Prego do Lombo . Filet Steak on Bread

Prego do Lombo no Pão com Batatas Fritas
Filet Steak on Bread with Chips | Filet de Porc dans un Pain et Frites

WRAP & BAGELS

Bagel

Queijo Filadelfia, Salmão Fumado, Alcaparras, Rúcula e Cebola Roxa
Philadelphia Cheese, Smoked Salmon, Capers, Rocket and Red Onion
Fromage Philadelphia, saumon fumé, câpres, roquette et oignon rouge

Wrap | Salmão . Salmon

Salmão Fumado, Alface, Pepino, Molho Dill
Smoked Salmon, Lettuce, Cucumber, Dill
Saumon fumé, Laitue, Concombre et Aneth fraîche

Wrap | Camarão . Prawn

Camarão, Alface, Pepino, Abacate e Molho Cocktail
Prawns, Lettuce, Cucumber, Avocado and Cocktail Sauce
Crevettes, Laitue, Concombre, Avocat Frais et Sauce Cocktail

Meat Stripes / Tiras de Carne (Pita Bread)

Tiras de Carne Frita Temperada com Especiarias, Alface, Cebola, Cenoura, Coentros, Chilli, Hortelã e Molho de logurte
Fried Meat Stripes, tempered with spicys, lettuce, onion, carrot, coriander, Mint and yogurt sauce
Lanières de viande frites, assaisonnées d'épices, avec laitue, oignon, carotte, coriandre, menthe et sauce au yaourt

POKE-BOWLS

Camarão · Prawn

Arroz, Camarão, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Sésamo, Gengibre, Cebola Crocante E Wazabi Aioli, Amendoins Crocantes De Wasabi
Rice, Prawns, Cucumber, Seaweed, Corn, Avocado, Garrot, Edamame, Sesame Seeds, Ginger, Crispy Onion and Wazabi Aioli, Crunchy Wasabi Peanuts
Riz, Crevettes, Concombre, Algues, Maïs, Avocat, Garrot, Edamame, Graines De Sésame, Gingembre, Oignon Croustillant , Aioli Wazabi, Cacahuètes Croustillantes Au Wasabi

Atum · Tuna

Arroz Cru, Atum, Pepino, Algas, Manga, Milho, Edamame, Gengibre, Sésamo, Amendoins Crocantes, Cebola Crocante, Wazabi Aioli, Amendoins Crocantes De Wasabi
Rice, Raw Tuna, Cucumber, Seaweed, Corn, Edamame, Sesame Seeds, Ginger, Manga, Crunchy Peanuts, Crispy Onion and Wazabi Aioli, Crunchy Wasabi Peanuts
Riz, Thon Cru, Concombre, Algues, Maïs, Edamame, Graines De Sésame, Gingembre, Manga, Cacahuètes Croquantes, Oignon Croustillant Et Aioli Wazabi, Cacahuètes Croustillantes Au Wasabi

Vegetariano · Vegan

Arroz, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Espinafres, Sésamo, Tomate Cereja, Gengibre, Amendoins Crocantes De Wasabi
Cucumber, Seaweed, Corn, Avocado, Edamame, Garrot, Spinach, Sesame Seeds, Cherry Tomato, Ginger, Crunchy Wasabi Peanuts
Poulet, fruits assortis, salade verte mélangée, tomates cerises, avocat, sauce au yaourt, Cacahuètes Croustillantes Au Wasabi

Salmão · Salmon

Arroz, Salmão Cru, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Gengibre, Sésamo, Cebola Crocante, Amendoins Crocantes De Wasabi
Rice, Raw Salmon, Cucumber, Seaweed, Corn, Avocado, Edamame, Garrot, Ginger, Sesame Seeds and Crispy Onion, Crunchy Wasabi Peanut
Riz, Saumon Cru, Concombre, Algues, Maïs, Avocat, Edamame, Garrot, Gingembre, Graines De Sésame Et Oignon Croustillant, Cacahuètes Croustillantes au Wasabi

HAMBURGERS

Servido com Batata Frita, Served with french fries, Servi avec des frites

Deck

Hamburguer, Queijo Cheddar, Bacon, Alface, Tomate, Cornichons, Pepperoni e Molho BBQ
Burger, Cheddar Cheese, Bacon, Lettuce, Tomato, Gherkins, Pepperoni and BBQ Sauce
Burger, fromage cheddar, bacon, laitue, tomate, cornichons, pepperoni et sauce BBQ

Burger News

Hamburguer, Rucula, Queijo Brie e Cebola
Burger, Rocket, Brie Cheese and Onion
Burger, roquette, fromage brie et oignon

Double Burger

Hamburguer Duplo, Alface, Tomate, Queijo Cheddar, Bacon e Cebola Roxa
Double Burger, Lettuce, Tomato, Cheddar Cheese, Bacon and Red Onion
Double Burger, laitue, tomate, cheddar, bacon et oignon rouge

SALADS

Greek

Queijo Feta, Azeitonas, Tomate, Pepino, Pimento Vermelho e Verde, Cebola Roxa, orégãos
Feta Cheese, Olives, Tomato, Cucumber, Red and Green Pepper, Red Onion, Oregano
Fromage Feta, Olives, Tomate, Concombre, Poivron Vert et Rouge et Oignon Roug, Origan

César. Caesar

Frango, Alface Romana, Bacon, Croutons, Lascas de Queijo Parmesão e Molho César
Chicken, Roman Lettuce, Bacon, Croutons, Parmesan Cheese Shavings and Caesar Sauce
Poulet, laitue romaine, bacon, croûtons, copeaux de parmesan et sauce César

Chèvre

Queijo Chèvre, Tosta, Pera, Beterraba, Laranja, Nozes, Pinhões, Mel, Folhas Verdes e Tomate Cherry
Chèvre Cheese, Toast, Pear, Beetroot, Orange, Nuts, Honey, Green Leaves and Cherry Tomato
Fromage de chèvre, pain grillé, poire, betterave, orange, noix, Pignons de Pin, Miel, Feuilles vertes et Tomates Cerises

Tropical

Frango, Frutas Variadas, Mistura de Salada Verde, Tomate Cereja, Abacate e Molho de logurte
Chicken, Assorted Fruits, Mixed Green Sa/ad, Cherry Tomato, Avocado and Yogurt Sauce
Poulet, fruits assortis, salade verte mélangée, tomates cerises, avocat et Sauce au Yaourt

Camãrao · Prawn

Camãrao, Misturas de Salada Verde, Abacate, Pepino, Coentros, Espinafres, Rabanete, Molho Asiatico e Sementes de Sésamo
Prawns, Mixed Green Salad, Avocado, Cucumber, Coriander, Spinach, Radish, Asian Sauce and Sesame Seeds
Crevettes, Salade Verte Mélangée, Avocat, Concombre, Coriandre, Épinards, Radis, Sauce Asiatique et Graines de Sésame

Salmão · Smoked Salmon

Salmão Fumado, Tomate Cereja, Mistura de Salada Verde, Lima, Cebola Roxa, Abacate, Tostas, Molho Dill
Smoked Salmon, Cherry Tomato, Mixed Green Salad, Lime, Red Onion, Avocado, Toast, Dill Sauce
Saumon fumé, tomates cerises, salade verte mélangée, citron vert, oignon rouge, avocat, pain grillé, sauce Dill

Niçoise

Atum, Anchovas, Azeitonas, Tomate, Alface, Cebola, Edamame e Ovo Cozido
Tuna, Anchovies, Olives, Tomato, Lettuce, Onion, Edamame and Boiled Egg
Thon, anchois, olives, tomate, laitue, oignon, edamame et œuf dur

Feta

Folhas Verdes, Queijo Feta, Nozes, Figo, Molho de Vinagrete
Green Leaves, Feta Cheese, Walnuts, Fig, Vinaigrette Dressing
Feuilles Vertes, Fromage Feta, Noix, Figue, Vinaigrette

PIZZAS

Pizzas Artesanais | HOMEMADE PIZZA | Pizzas "Fait-maison"

MARGHERITA

Tomate, Mozzarella e Oregãos
Tomato, Mozzarella and Oregano
Tomate, Mozzarella et Origan

FIAMBRE · HAM

Tomate, Mozzarella, Fiambre e Oregãos
Tomato, Mozzarella, Ham and Oregano
Tomate, Mozzarella, Jambon et Origan

AL AGLIO

Tartare de Tomate e Alho, Tomate Cherry e Folhas de Manjeriçao
Tomato and garlic tartare, cherry tomatoes, and basil leaves
Tartare de tomate et ail, tomate cerise et feuilles de basilic

BASIL

Tomate, Mozzarella, Pesto de Manjeriçao, Parmesão e Tomate Cereja
Tomato, Mozzarella, Basil Pesto, Parmesan and Cherry Tomato
Tomate, Mozzarella, Pesto De Basilic, Parmesanet Tomate Cerise

BURRATA

Tomate, Mozzarella, Tomate Cereja, Burrata cremosa, Rúcula e Manjeriçao
Tomato, Mozzarella, Cherry Tomato, Creamy Burrata, Rocket and Basil
Tomate, Mozzarella, Tomate Cerise, Burrata fondante, Roquette et Basilic

DIAVOLA

Tomate, Mozzarella e Pepperoni
Tomato, Mozzarella and Pepperoni
Tomate, Mozzarella et Pepperoni

CAPRICCIOSA

Tomate, Mozzarella, Cogumelos, Malaguetas, Frango Fumado, Azeitonas, Tomate Cereja, Mozzarella de Búfala, Manjeriçao, Parmesão
Tomato, Mozzarella, Mushrooms, Chilli Pepper, Smoked Chicken, Olives, Cherry Tomato, Bufallo Mozzarella, Basil, Parmesan
Tomate, Mozzarella, Champignons, Chilli, Poulet Fumé, Olives, Tomate Cerise, Mozzarella di Bufala, Basilic, Parmesan

PROSCIUTTO

Tomate, Mozzarella, Presunto de Parma, Rúcula e Lascas de Parmesão
Tomato, Mozzarella, Parma Smoked Ham, Rocket Salad and Parmesan Shavings
Tomate, Mozzarella, Jambon de Parme, Roquette et Copeaux de Parmesan

TARTUFO

Pasta de trufa, mozzarella, óleo de trufa, cogumelos e trufas.
Tartufo paste, mozzarella, truffle oil, mushrooms and truffles
Pâte de truffe, mozzarella, huile de truffe, champignons et truffes.

CALZONE

Tomate, Mozzarella, Peperonni, Fiambre, Cogumelos, Ovos e Azeitonas
Tomato, Mozzarella, Peperonni, Mushroom, egg and Olives
Tomate, Mozzarella, Peperonni, Jambon, Champignons. Oeuf et Olives

EXTRA

Mozzarella, fiambre, azeitonas, rúcula, tomate cherry, cebola roxa, malagueta, cogumelos, parmesão, milho doce, ananás, pimentos, alcaparras.
Mozzarella, ham, olives, rocket, cherry tomatoes, rea onion, chilli, mushroom, parmesan, sweet corn, pineapple, peppers, artichoke, capers
Mozzarella, jambon, olives, roquette, tomates cerises, oignon rouge, piment frais, champignons, parmesan, maïs doux, ananas, poivrons, câpres.

Pepperoni, camarão, salame picante, presunto de Parma, anchovas, frango, atum, pérolas de mozzarella, queijo burrata, bolonhesa.
Pepperoni, shrimp, spicy salami, anchovies, chicken, tuna, mozzarella pearls, burrata cheese, bolonese
Pepperoni, crevettes, salami piquant, jambon de Parme anchois, poulet, thon, perles de mozzarella, fromage burrata, bolognaise.

SIDE

Asas de Frango
Chicken Wings
Ailes de poulet

€ 11,9

Batata Fritas

French Fries
Frites

€ 4,5

Batata Fritas Com Alho

French Fries with garlic
Frites avec Ail

€ 5,5

Batata Doce

Sweet Potato
Patate douce

€ 8

Servido até às 16h | Served until 4 PM | Service jusqu'a 16h