



PEQUENO-ALMOÇO

BREAKFAST | PETIT-DÛJEUNER

Servido até às 12:00h | Served until 12.00 Daytime | Service jusqu'a 12h00

SUNRISE START

Avocado Toast

Tosta, Ovo Escalfado, Abacate, Pimenta, Lima, Coentros, Sal e Azeite
Toast, Poached Egg, Avocado, Pepper, Lime, Coriander, Salt and Olive Oil
Toast, œuf poché, avocat, poivre, citron vert, coriandre, sel et huile d'olive

Padaria . Bakery

Cesto de Pastéis de Nata, Croissants, Pão, Manteiga com Compota Caseira
Basket of Pastéis de Nata, Bread, Croissants, butter, and Homemade Jam
Corbeille de Pastéis de Nata, Pain, Croissants, Beurre et confitures maison

Mini Panquecas

Com Frutos Vermelhos e Mel
Mini Pancakes with red berries and honey
Mini Pancakes avec fruits rouges et miel

Fresh

Iogurte Grego, Pêra Confitada, Mel e Granola Caseira
Greek Yogurt, Pear Confit, Honey and Homemade Granola
Yaourt grec, poires confites, miel et granola maison

Light

Papa de Aveia, Banana, Frutos Vermelhos, Coco e Mel
Porridge, Banana, Red Fruits, Coconut and Honey
Bouillie, Banane, Fruits Rouges, Noix de Coco et Miel

Sandes Bacon & Salsicha

Sandwich, Bacon, Sausage
Sandwich, Bacon, Saucisse



OVOS & MAIS

EGGS & MORE | OEUFs ET PLUS

Ovos . Eggs

Toast, Ovos Mexidos, Estrelados ou Escalfados, Abacate e Bacon
Toast, Scrambled, Fried or Poached Eggs, Avocado and Bacon
Toast, Œufs Brouillés, Frits ou Pochés, Avocat et bacon

Ovos Benedict . Benedict Eggs

2 Ovos, Bacon, Tosta, Molho Holandês e Espinafres Frescos
2 Eggs, Bacon, Toast, Hollandaise Sauce and fresh Spinach
2 œufs, bacon, pain grillé, sauce hollandaise et épinards frais

Ovos Royal . Royal Eggs

2 Ovos, Salmon, Tosta e Molho Holandês
2 Eggs, Salmon, Toast and Hollandaise Sauce
2 œufs, Saumon, pain grillé et sauce Hollandaise

PEQ. ALMOÇO INGLÊS

English Breakfast . Petit Dejeuner

Ovo, Salsicha, Bacon, Feijão, Cogumelos, Tomate, Tosta e Hashbrown

Egg, Sausage, Bacon, Beans, Mushrooms, Tomato and Toast Tomato, Toast and Hashbrown

Oeuf, saucisse, bacon, haricots, champignons, tomates, Toast et Pomme-Frite



BRUNCH PARA DOIS

Brunch Para Dois . Brunch Pour Deux

Ovos Mexidos, Salmão Fumado, Abacate, Queijo, Fiambre, Doce da Casa, Manteiga, Iogurte, Granola, Frutas Variadas, Sumo de Laranja Natural, Cesto de Pão Misto, Croissant, Pastéis de Nata.

Eggs, Smoked Salmon, Avocado, Cheese, Ham, Homemade Jam, Butter, Yogurt, Granola, Assorted Fruits, Fresh Orange juice, Mixed Breadbasket and Croissant, Pastéis de Nata.

Œufs, saumon fumé, avocat, fromage, jambon, confiture maison, beurre, yaourt, granola, fruits assortis, jus d'orange frais, panier de pain mixte et croissant, Pastéis de Nata.



Bagel Phila

Baguel com Queijo Filadélfia. Tomate, Cebola Roxa, Abacate e Alface
Bagel with Philadelphia Cheese, Tomato, Red Onion, Avocado and Lettuce
Bagel au fromage Philadelphie. Tomate, Oignon rouge, Avocat et Laitue

Pequeno Almoço Especial . Big Boys Breakfast

2 Ovos, 2 Salsichas, 2 Bacon, Feijão, Cogumelos, Tomate, Tosta e Batata Frita
2 Eggs, 2 Sausage, 2 Bacon, Beans, Mushrooms, Tomato, Toast and Hash Browns
2 œufs, 2 saucisses, 2 bacon, Haricots, Champignons, Tomates, pain grillé et Frites

Madrugadores . Early Riser

Salmão Fumado, Torrada, Ovos Mexidos, Espinafres e Abacate da nossa Horta
Smoked Salmon, Toast, Scrambled Eggs, Spinach and Avocado from our Farm
Saumon fumé, pain grillé, œufs brouillés, Épinards et Avocat de notre jardin

BEBIDAS DE MANHÃ

MORNING BEVERAGE - BOISSONS DU MATIN

Café / Expresso

Café Duplo / Double Espresso

Capuccino

Leite com Chocolate / Hot Chocolate

Affogato (Coffee, Scoop Vanilla Ice Cream and Amaretto)

Irish Coffee (Coffee, Irish Whiskey and Cream)

Tia Maria Coffee (Coffee, Tia Maria Liqueur and Cream)

Bailey's Coffee (Coffee, Irish Bayley's and Cream)

Calypso Coffee (Coffee, White Rhum and Cream)

Chá Preto Early Grey / Black Tea Early Grey

Chá Verde / Green Tea

Chá Hortelã e Gengibre / Mint and Ginger Tea

Infusão de Chá Cidreira / Lemongrass Tea Infusion

Infusão de Chá Tomilho e Limão / Thyme and Lemon Tea Infusion

Infusão de Hortelã Verde / Green Mint Infusion

Infusão de Chá Lúcia-Lima / Lemon Verbena Tea Infusion

Sumo Laranja / Orange Juice

SPECIAL MORNING

BLOODY MARY

Vodka, Sumo de tomate, Molho inglês, Tabasco, Sumo de limão, Sal e Pimenta.

Acompanhamento: aipo, Limão, Pepino

Vodka, Tomato juice, Worcestershire sauce, Tabasco, Lemon juice, Salt and pepper

Garnish : Celery, Lemon, Cucumber

Vodka, Jus de tomate, Sauce Worcestershire, Tabasco, Jus de citron, Sel et poivre.

Garniture : Céleri, Citron, Cocombre

BELLINI

Prosecco Champagne

Prosecco, Puré de pêsego | Prosecco, Peach purée | Prosecco, Purée de pêche

MIMOSA

Prosecco, Sumo de laranja | Prosecco, Orange juice | Prosecco, Jus d'orange

SUMOS NATURAIS

NATURAL JUICES | JUS DE FRUITS NATURELS

Laranja | Melância | Melão | Abacaxi | Morango | Manga

Manga | Orange | Watermelon | Melon | Pineapple | Strawberry
Mango | Orange | Pastèque | Melon | Ananas | Fraise

1 · Laranja, Ananás E Manga

Orange, Pineapple And Mango
Orange, ananas et mangue

2 · Ananás, Laranja E Gengibre

Pineapple, Orange And Ginger
Ananas, Orange et Gingembre

3 · Morango, Manga, Laranja E Papaia

Strawberry, Mango, Orange And Papaya
Fraise, mangue, orange et papaye

4 · Maçã, Kiwi, Banana E Espinafres

Apple, Kiwi, Banana And Spinach
Pomme, kiwi, banane et épinards

5 · Beterraba, Espinafres, Morango, Maçã, Banana E Laranja

Betterave, épinards, fraise, pomme, banane et orange

Beetroot, Spinach, Strawberry, Apple, Banana And Orange

SMOOTHIES

BATIDOS

6 · Abacate, Maçã, Aveia, Leite De Amêndoa E Mel

Avocado, Apple, Oat, Almond Milk And Honey
Avocat, Pomme, Avoine, Lait D'amande Et Miel

7 · Banana, Iogurte Natural, Côco

Banana, Natural Yogurt, Coconut
Banane, Yaourt Naturel, Noix De Coco

8 · Morango, Banana E Iogurte

Strawberry, Banana And Yogurt
Fraise, Banane Et Yaourt

9 · Banana, Frutos Vermelhos, Leite De Aveia

Banana, Red Fruits And Oat Milk
Banane, Fruits Rouges Et Lait D'avoine

10 · Detox - Ananás, Banana, Espinafres, Laranja, Gengibre, Bróculos

Pineapple, Banana, Spinach, Orange, Ginger, Broccoli
Ananas, Banane, Épinards, Orange, Gingembre, Brocoli

11 · Detox - Aipo, Laranja, Maçã, Espinafre, Banana, Ananás

Celery, Orange, Apple, Spinach, Banana, Pineapple
Céleri, Orange, Pomme, Épinards, Banane, Ananas

12 · Detox - Pepino, Hortelã, Limão E Gengibre

Cucumber, Mint, Lemon And Ginger
Concombre, Menthe, Citron Et Gingembre