



# SIDE

**Asas de Frango**  
*Chicken Wings*  
Ailes de poulet  
€ 11,9

**Batata Fritas**  
*French Fries*

Frites

€ 4,5

**Batata Fritas Com Alho**  
*French Fries with garlic*  
Frites avec Ail  
€ 5,5

**Batata Doce**  
*Sweet Potato*

Patate douce

€ 8

# SANDES | SANDWICH

## Salmão · Salmon

Salmão Fumado, Alface, Pepino, Cebola Roxa, Molho Dill, Ovo  
*Smoked Salmon, Lettuce, Cucumber, Red Onion, Dill Sauce, Egg*  
Saumon fumé, laitue, concombre, oignon rouge, sauce à l'aneth et œuf

## Club

Fiambre, Queijo, Bacon, Ovo, Alface, Tomate, Frango, Maionese, Batata-Frita  
*Ham, Cheese, Bacon, Chicken, Egg, Lettuce, Tomato, Mayonnaise, Chips*  
Jambon, fromage, bacon, poulet, œuf, laitue, tomate, mayonnaise, Chips

## Health Club

Pão Integral, Fiambre, Queijo, Tomate, Pepino, Alface, Abacate, Cenoura, Cebola, Beterraba, Espinafres e Molho logurte  
*Whole Wheat Bread, Ham, Cheese, Tomato, Cucumber, Lettuce, Avocado, Carrot, Onion, Beetroot, Spinach and Yogurt Sauce*  
Pain de blé entier, jambon, fromage, tomate, concombre, laitue, avocat, carotte, oignon, betterave, épinards et sauce au yaourt

## Camarão · Prawn

Camãrao, Ovo Cozido, Folhas Verdes, Pepino, Abacate e Molho Cocktail  
*Prawns, Boiled Egg, Mixed Lettuce, Cucumber, Avocado and Cocktail Sauce*  
Crevettes, Œuf Dur, Laitue Mélangée, Concombre, Avocat Et Sauce Cocktail

## Prego do Lombo · Filet Steak on Bread

Prego do Lombo no Pão com Batatas Fritas  
*Filet Steak on Bread with Chips* | Filet de Porc dans un Pain et Frites

# WRAP & BAGELS

## Bagel

Queijo Filadelfia, Salmão Fumado, Alcaparras, Rúcula e Cebola Roxa  
*Philadelphia Cheese, Smoked Salmon, Capers, Rocket and Red Onion*  
Fromage Philadelphia, saumon fumé, câpres, roquette et oignon rouge

## Wrap | Salmão · Salmon

Salmão Fumado, Alface, Pepino, Molho Dill  
*Smoked Salmon, Lettuce, Cucumber, Dill*  
Saumon fumé, Laitue, Concombre et Aneth fraîche

## Wrap | Camarão · Prawn

Camarão, Alface, Pepino, Abacate e Molho Cocktail  
*Prawns, Lettuce, Cucumber, Avocado and Cocktail Sauce*  
Crevettes, Laitue, Concombre, Avocat Frais et Sauce Cocktail

## Meat Stripes / Tiras de Carne (Pita Bread)

Tiras de Carne Frita Temperada com Especiarias, Alface, Cebola, Cenoura, Coentros, Chilli, Hortelã e Molho de logurte  
*Fried Meat Stripes, tempered with spicys, lettuce, onion, carrot, coriander, Mint and yogurt sauce*  
Lanières de viande frites, assaisonnées d'épices, avec laitue, oignon, carotte, coriandre, menthe et sauce au yaourt

# POKE-BOWLS

## Camarão · Prawn

Arroz, Camarão, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Sésamo, Gengibre, Cebola Crocante E Wazabi Aioli, Amendoiños Crocantes De Wasabi  
*Rice, Prawns, Cucumber, Seaweed, Corn, Edamame, Sesame Seeds, Ginger, Crispy Onion and Wazabi Aioli, Crunchy Wasabi Peanuts*  
Riz, Crevettes, Concombre, Algues, Mais, Avocat, Garrot, Edamame, Graines De Sésame, Gingembre, Oignon Croustillant , Aioli Wazabi, Cacahuêtes Croustillantes Au Wasabi

## Atum · Tuna

Arroz, Atum Cru, Pepino, Algas, Manga, Milho, Edamame, Gengibre, Sésamo, Amendoiños Crocantes, Cebola Crocante, Wazabi Aioli, Amendoiños Crocantes De Wasabi  
*Rice, Raw Tuna, Cucumber, Seaweed, Corn, Edamame, Sesame Seeds, Ginger, Manga, Crunchy Peanuts, Crispy Onion and Wazabi Aioli, Crunchy Wasabi Peanuts*  
Riz, Thon Cru, Concombre, Algues, Mais, Edamame, Graines De Sésame, Gingembre, Manga, Cacahuêtes Croquantes, Oignon Croustillant Et Aioli Wazabi, Cacahuêtes Croustillantes Au Wasabi

## Vegetariano · Vegan

Arroz, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Espinafres, Sésamo, Tomate Cereja, Gengibre, Amendoiños Crocantes De Wasabi  
*Cucumber, Seaweed, Corn, Avocado, Edamame, Garrot, Spinach, Sesame Seeds, Cherry Tomato, Ginger, Crunchy Wasabi Peanuts*  
Poulet, fruits assortis, salade verte mélangée, tomates cerises, avocat, sauce au yaourt, Cacahuêtes Croustillantes Au Wasabi

## Salmão · Salmon

Arroz, Salmão Cru, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Gengibre, Sésamo, Cebola Crocante, Amendoiños Crocantes De Wasabi  
*Rice, Raw Salmon, Cucumber, Seaweed, Corn, Avocado, Edamame, Garrot, Ginger, Sesame Seeds and Crispy Onion, Crunchy Wasabi Peanut*  
Riz, Saumon Cru, Concombre, Algues, Mais, Avocat, Edamame, Garrot, Gingembre, Graines De Sésame Et Oignon Croustillant, Cacahuêtes Croustillantes au Wasabi

# HAMBURGERS

Servido com Batata Frita, Served with french fries, Servi avec des frites

## Deck

Hamburguer, Queijo Cheddar, Bacon, Alface, Tomate, Cornichons, Pepperoni e Molho BBQ  
*Burger, Cheddar Cheese, Bacon, Lettuce, Tomato, Gherkins, Pepperoni and BBQ Sauce*  
Burger, fromage cheddar, bacon, laitue, tomate, cornichons, pepperoni et sauce BBQ

## Burger News

Hamburguer, Rucula, Queijo Brie e Cebola  
*Burger, Rocket, Brie Cheese and Onion*  
Burger, roquette, fromage brie et oignon

## Double Burger

Hamburguer Duplo, Alface, Tomate, Queijo Cheddar, Bacon e Cebola Roxa  
*Double Burger, Lettuce, Tomato, Cheddar Cheese, Bacon and Red Onion*  
Double Burger, laitue, tomate, cheddar, bacon et oignon rouge

Servido até às 16h | Served until 4 PM | Service jusqu'a 16h

# SALADS

## Greek

Queijo Feta, Azeitonas, Tomate, Pepino, Pimento Vermelho e Verde, Cebola Roxa, orégãos  
*Feta Cheese, Olives, Tomato, Cucumber, Red and Green Pepper, Red Onion, Oregano*  
Fromage Feta, Olives, Tomate, Concombre, Poivron Vert et Rouge et Oignon Roug, Origan

## César. Caesar

Frango, Alface Romana, Bacon, Croutons, Lascas de Queijo Parmesão e Molho César  
*Chicken, Roman Lettuce, Bacon, Croutons, Parmesan Cheese Shavings and Caesar Sauce*  
Poulet, laitue romaine, bacon, croûtons, copeaux de parmesan et sauce César

## Chèvre

Queijo Chèvre, Tosta, Pera, Beterraba, Laranja, Nozes, Pinhões, Mel, Folhas Verdes e Tomate Cherry  
*Chèvre Cheese, Toast, Pear, Beetroot, Orange, Nuts, Honey, Green Leaves and Cherry Tomato*  
Fromage de chèvre, pain grillé, poire, betterave, orange, noix, Pignons de Pin, Miel, Feuilles vertes et Tomates Cerises

## Tropical

Frango, Frutas Variadas, Mistura de Salada Verde, Tomate Cereja, Abacate e Molho de logurte  
*Chicken, Assorted Fruits, Mixed Green Sa/ad, Cherry Tomato, Avocado and Yogurt Sauce*  
Poulet, fruits assortis, salade verte mélangée, tomates cerises, avocat et Sauce au Yaourt

## Camãrao · Prawn

Camãrao, Misturas de Salada Verde, Abacate, Pepino, Coentros, Espinafres, Rabanete, Molho Asiatico e Sementes de Sésamo  
*Prawns, Mixed Green Salad, Avocado, Cucumber, Coriander, Spinach, Radish, Asian Sauce and Sesame Seeds*  
Crevettes, Salade Verte Mélangée, Avocat, Concombre, Coriandre, Épinards, Radis, Sauce Asiatique et Graines de Sésame

## Salmão · Smoked Salmon

Salmão Fumado, Tomate Cereja, Mistura de Salada Verde, Lima, Cebola Roxa, Abacate, Tostas, Molho Dill  
*Smoked Salmon, Cherry Tomato, Mixed Green Salad, Lime, Red Onion, Avocado, Toast, Dill Sauce*  
Saumon fumé, tomates cerises, salade verte mélangée, citron vert, oignon rouge, avocat, pain grillé, sauce Dill

## Niçoise

Atum, Anchovas, Azeitonas, Tomate, Alface, Cebola, Edamame e Ovo Cozido  
*Tuna, Anchovies, Olives, Tomato, Lettuce, Onion, Edamame and Boiled Egg*  
Thon, anchois, olives, tomate, laitue, oignon, edamame et œuf dur

## Feta

Folhas Verdes, Queijo Feta, Nozes, Figo, Molho de Vinagrete  
*Green Leaves, Feta Cheese, Walnuts, Fig, Vinaigrette Dressing*  
Feuilles Vertes, Fromage Feta, Noix, Figue, Vinaigrette

# PIZZAS

Pizzas Artesanais | HOMEMADE PIZZA | Pizzas "Faît-maison"

## MARGHERITA

Tomate, Mozzarella e Oregãos  
*Tomato, Mozzarella and Oregano*  
Tomate, Mozzarella et Origan

## FIAMBRE · HAM

Tomate, Mozzarella, Fiambre e Oregãos  
*Tomato, Mozzarella, Ham and Oregano*  
Tomate, Mozzarella, Jambon et Origan

## AL AGLIO

Tartare de Tomate e Alho, Tomate Cherry e Folhas de Manjeriçã  
*Tomato and garlic tartare, cherry tomatoes, and basil leaves*  
Tartare de tomate et ail, tomate cerise et feuilles de basilic

## BASIL

Tomate, Mozzarella, Pesto de Manjeriçã, Parmesão e Tomate Cereja  
*Tomato, Mozzarella, Basil Pesto, Parmesan and Cherry Tomato*  
Tomate, Mozzarella, Pesto De Basilic, Parmesanet Tomate Cerise

## BURRATA

Tomate, Mozzarella, Tomate Cereja, Burrata cremosa, Rúcula e Manjeriçã  
*Tomato, Mozzarella, Cherry Tomato, Creamy Burrata, Rocket and Basil*  
Tomate, Mozzarella, Tomate Cerise, Burrata fondante, Roquette et Basilic

## DIAVOLA

Tomate, Mozzarella e Pepperoni  
*Tomato, Mozzarella and Pepperoni*  
Tomate, Mozzarella et Pepperoni

## CAPRICCIOSA

Tomate, Mozzarella, Cogumelos, Malaguetas, Frango Fumado, Azeitonas, Tomate Cereja, Mozzarella de Búfala, Manjeriçã, Parmesão  
*Tomato, Mozzarella, Mushrooms, Chilli Pepper, Smoked Chicken, Olives, Cherry Tomato, Bufallo Mozzarella, Basil, Parmesan*  
Tomate, Mozzarella, Champignons, Chilli, Poulet Fumé, Olives, Tomate Cerise, Mozzarella di Bufala, Basilic, Parmesan

## PROSCIUTTO

Tomate, Mozzarella, Presunto de Parma, Rúcula e Lascas de Parmesão  
*Tomato, Mozzarella, Parma Smoked Ham, Rocket Salad and Parmesan Shavings*  
Tomate, Mozzarella, Jambon de Parme, Roquette et Copeaux de Parmesan

## TARTUFO

*Pasta de trufa, mozzarella, óleo de trufa, cogumelos*  
*Tartufo paste, mozzarella, truffle oil, mushrooms*  
Pâte de truffe, mozzarella, huile de truffe, champignons

## CALZONE

Tomate, Mozzarella, Peperonni, Fiambre, Cogumelos, Ovos e Azeitonas  
*Tomato, Mozzarella, Peperonni, Mushroom, egg and Olives*  
Tomate, Mozzarella, Peperonni, Jambon, Champignons. Oeuf et Olives

## EXTRA

Mozzarella, fiambre, azeitonas, rúcula, tomate cherry, cebola roxa, malagueta, cogumelos, parmesão, milho doce, ananás, pimentos, alcaparras. Mozzarella, ham, olives, rocket, cherry tomatoes, rea onion, chilli, mushroom, parmesan, sweet corn, pineapple, peppers, artichoke, capers  
*Mozzarella, jambon, olives, roquette, tomates cerises, oignon rouge, piment frais, champignons, parmesan, mais doux, ananas, poivrons, câpres.*

Pepperoni, camarão, salame picante, presunto de Parma, anchovas, frango, atum, pérolas de mozzarella, queijo burrata, bolonhesa. Pepperoni, shrimp, spicy salami, anchovies, chicken, tuna, mozzarella pearls, burrata cheese, bolonese  
*Pepperoni, crevettes, salami piquant, jambon de Parme anchois, poulet, thon, perles de mozzarella, fromage burrata, bolognaise.* € 4