

# SNACKS

Servido até às 16h00 | Served until 4 PM | Service jusqu'à 16h00

## SANDWICH

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- Salmão . Salmon . Saumon** 15<sup>€</sup>  
Salmão Fumado, Alface, Pepino, Cebola Roxa, Molho Dill, Ovo  
*Smoked Salmon, Lettuce, Cucumber, Red Onion, Dill Sauce, Egg*  
Saumon Fumé, Laitue, Concombre, Oignon Rouge, Sauce à l'Aneth et Œuf
- Club** 17<sup>€</sup>  
Fiambre, Queijo, Bacon, Ovo, Alface, Tomate, Frango, Maionese e Batata-Frita  
*Ham, Cheese, Bacon, Chicken, Egg, Lettuce, Tomato, Mayonnaise and Chips*  
Jambon, Fromage, Bacon, Poulet, Œuf, Laitue, Tomate, Mayonnaise et Frites
- Health Club** 12<sup>€</sup>  
Pão Integral, Fiambre, Queijo, Tomate, Pepino, Alface, Abacate, Cenoura, Cebola, Beterraba, Espinafres e Molho logurte  
*Whole Wheat Bread, Ham, Cheese, Tomato, Cucumber, Lettuce, Avocado, Carrot, Onion, Beetroot, Spinach and Yogurt Sauce*  
Pain de Blé Entier, Jambon, Fromage, Tomate, Concombre, Laitue, Avocat, Carotte, Oignon, Betterave, Épinards et Sauce au Yaourt
- Camarão . Prawn . Crevettes** 12<sup>€</sup>  
Camãrao, Ovo Cozido, Folhas Verdes, Pepino, Abacate e Molho Cocktail.  
*Prawns, Boiled Egg, Mixed Lettuce, Cucumber, Avocado and Cocktail Sauce.*  
Crevettes, Œuf Dur, Laitue Mélangée, Concombre, Avocat et Sauce Cocktail.
- Prego do Lombo . Filet Steak Sandwich . Sandwich de Filet** 19,5<sup>€</sup>  
Bife do Lombo Frito com Alho e Louro acompanhado com Batata Frita  
*Fried Filet Steak with Garlic and Bay Leaf served with French Fries*  
Filet de Bœuf Frit avec Ail et Laurier accompagné de frites

## WRAP & BAGELS

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- Philadelphia ( BAGEL )** 11<sup>€</sup>  
Queijo Philadelphia, Tomate, Cebola Roxa, Abacate e Alface  
*Philadelphia Cheese, Tomato, Red Onion, Avocado and Lettuce*  
Fromage Philadelphia, Tomate, Oignon rouge, Avocat et Laitue
- Salmão . Salmon . Saumon ( BAGEL )** 15<sup>€</sup>  
Salmão Fumado, Queijo Philadelphia, Alcaparras, Rúcula e Cebola Roxa  
*Smoked Salmon, Philadelphia Cheese, Capers, Salad Rocket and Red Onion*  
Saumon Fumé, Fromage Philadelphia, Câpres, Salade Roquette et Oignon Rouge
- Salmão . Salmon . Saumon ( WRAP )** 14<sup>€</sup>  
Salmão Fumado, Queijo Philadelphia, Alface, Pepino, Molho Dill  
*Smoked Salmon, Philadelphia Cheese, Lettuce, Cucumber, Dill Sauce*  
Saumon fumé, Fromage Philadelphia, Laitue, Concombre, Sauce à l'Aneth
- Camarão . Prawn . Crevettes ( WRAP )** 13<sup>€</sup>  
Camarão, Alface, Pepino, Abacate e Molho Cocktail  
*Prawns, Lettuce, Cucumber, Avocado and Cocktail Sauce*  
Crevettes, Laitue, Concombre, Avocat et Sauce Cocktail
- Tiras de Carne . Meat Strips . Émincé de Viande ( Pão pita. Pita Bread . Pain Pita )** 15<sup>€</sup>  
Tiras de Carne Frita Temperada com Especiarias, Alface, Cebola, Cenoura, Coentros, Chilli, Hortelã e Molho de logurte  
*Fried Meat Strips Seasoned with Spices, Lettuce, Onion, Carrot, Coriander, Mint and Yogurt Sauce*  
Émincés de Viande Frites Assaisonnées d'Épices, Laitue, Oignon, Carotte, Coriandre, Menthe et Sauce au Yaourt.

# SALADAS

## SALADS | SALADES

### Grego . Greek . Grec

20€

Queijo Feta, Azeitonas, Tomate, Pepino, Pimento Verde, Cebola Roxa e Orégãos  
*Feta Cheese, Olives, Tomato, Cucumber, Green Pepper, Red Onion and Oregano*  
Fromage Feta, Olives, Tomate, Concombre, Poivron Vert, Oignon Rouge et Origan

### César . Caesar

21,5€

Frango, Alface Romana, Bacon, Anchova, Croutons, Lascas de Queijo Parmesão e Molho César  
*Chicken, Roman Lettuce, Bacon, Anchors, Croutons, Parmesan Cheese Shavings and Caesar Sauce*  
Poulet, Laitue Romaine, Bacon, Anchois, Croûtons, Copeaux de Parmesan et Sauce César

### Cabra . Goat . Chèvre

22€

Queijo de Cabra Gratinado, Tosta, Pêra, Beterraba, Laranja, Nozes, Pinhões, Mel,  
Mistura de Salada Verde e Tomate Cereja

*Gratinated Goat Cheese, Toast, Pear, Beetroot, Orange, Nuts, Honey,  
Mixed Green Salad and Cherry Tomato*

Fromage de Chèvre Gratiné, Pain Grillé, Poire, Betterave, Orange, Noix, Pignons de Pin,  
Miel, Salade Verte Mélangée et Tomates Cerises

### Tropical

20,5€

Frango, Frutas Variadas, Mistura de Salada Verde, Tomate Cereja, Abacate  
e Molho de Iogurte

*Chicken, Assorted Fruits, Mixed Green Salad, Cherry Tomato, Avocado  
and Yogurt Sauce*

Poulet, Salade Verte Mélangée, Bacon, Croûtons, Copeaux de Parmesan et Sauce au Yaourt

### Camão . Prawn . Crevettes

21€

Camão, Misturas de Salada Verde, Abacate, Pepino, Coentros, Espinafres,  
Rabanete, Molho Asiático e Sementes de Sésamo

*Prawns, Mixed Green Salad, Avocado, Cucumber, Coriander, Spinach, Radish,  
Asian Sauce and Sesame Seeds*

Crevettes, Salade Verte Mélangée, Avocat, Concombre, Coriandre, Épinards, Radis, Sauce  
Asiatique et Graines de Sésame

### Salmão . Salmon . Saumon

21,5€

Salmão Fumado, Mistura de Salada Verde, Tomate Cereja, Lima, Cebola Roxa,  
Abacate, Tostas e Molho Dill

*Smoked Salmon, Mixed Green Salad, Cherry Tomato, Lime, Red Onion,  
Avocado, Toast and Dill Sauce*

Saumon Fumé, Salade Verte Mélangée, Tomates Cerises, Citron Vert, Oignon Rouge,  
Avocat, Pain Grillé et Sauce Dill

### Niçoise

21,5€

Atum, Mistura de Salada Verde, Anchovas, Azeitonas, Tomate, Cebola, Edamame e Ovo Cozido  
*Tuna, Mixed Green Salad, Anchovies, Olives, Tomato, Onion, Edamame and Boiled Egg*

Thon, Salade Verte Mélangée, Anchois, Olives, Tomate, Oignon, Edamame et Œuf Dur

### Feta

22€

Queijo feta, Mistura de salada verde, Nozes, Figo fresco, Pinhões, Molho de Vinagrete e Toast.

*Feta Cheese, Mixed Green Salad, Walnuts, Fresh Fig, Pine nuts, Vinaigrette Dressing and Toast*

Fromage Feta, Salade Verte Mélangée, Fromage Feta, Noix, Figue Fraîche, Pignons de pin,  
Vinaigrette et Toast

# POKE BOWLS

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## Camarão . Prawns . Crevettes 21,5€

Camarão Cozido, Arroz, Pepino, Algas, Milho, Abacate, Cenoura, Edamame, Sésamo, Gengibre, Amendoins Wasabi Crocantes, Cebola Crocante e Wasabi Aioli  
*Cooked Prawns, Rice, Cucumber, Seaweed, Corn, Avocado, Carrots, Edamame, Sesame Seeds, Ginger, Crunchy Wasabi Peanuts, Crispy Onion and Wasabi Aioli*  
Crevettes Cuites, Riz, Concombre, Algues, Maïs, Avocat, Carottes, Edamame, Graines de Sésame, Gingembre, Cacahuètes au Wasabi Croquantes, Oignon Croustillant et Aioli Wasabi

## Atum . Tuna . Thon 21,5€

Atum Cru Fresco, Arroz, Pepino, Algas, Manga, Milho, Edamame, Gengibre, Sésamo, Amendoins Wasabi Crocantes, Cebola Crocante e Wasabi Aioli  
*Fresh Raw Tuna, Rice, Cucumber, Seaweed, Corn, Edamame, Sesame Seeds, Ginger, Mango, Crunchy Wasabi Peanuts, Crispy Onion and Wasabi Aioli*  
Thon Cru Frais, Riz, Concombre, Algues, Maïs, Edamame, Graines de Sésame, Gingembre, Mangue, Cacahuètes au Wasabi Croquantes, Oignon Croustillant et Aioli Wasabi

## Salmão . Salmon . Saumon 21,5€

Salmão Cru Fresco, Arroz, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Gengibre, Sésamo, Amendoins Wasabi Crocantes, Cebola Crocante  
*Fresh Salmon Raw, Rice, Cucumber, Seaweed, Corn, Avocado, Edamame, Carrot, Ginger, Sesame Seeds, Crunchy Wasabi Peanuts and Crispy Onion*  
Saumon Cru Frais, Riz, Concombre, Algues, Maïs, Avocat, Edamame, Carottes, Gingembre, Graines de Sésame, Cacahuètes au Wasabi Croquantes et Oignon Croustillant

## Vegan 20,5€

Arroz, Pepino, Algas, Milho, Abacate, Edamame, Cenoura, Espinafres, Sésamo, Tomate Cereja, Gengibre e Amendoins Wazabi Crocantes  
*Rice, Cucumber, Seaweed, Corn, Avocado, Edamame, carrot, Spinach, Sesame Seeds, Cherry Tomato, Ginger and Crunchy Wazabi Peanuts*  
Riz, Concombre, Algues, Maïs, Avocat, Edamame, Carotte, Épinards, Graines de Sésame, Tomate Cerise, Gingembre, Cacahuètes au Wazabi Croquantes.

# HAMBÚRGUER CASEIROS

## HOMEMADE HAMBURGER | HAMBURGER MAISON

Servido com Batata Frita, Served with french fries, Servi avec des frites

## Deck 21€

Hambúrguer 100% Bife do Lombo, Queijo Cheddar, Bacon, Alface, Tomate, Cornichons, Pepperoni e Molho Barbecue  
*100% Filet Steak Burger, Cheddar Cheese, Bacon, Lettuce, Tomato, Gherkins, Pepperoni and BBQ Sauce*  
Hamburger 100 % pur Bœuf de Faux-Filet, Fromage Cheddar, Bacon, Laitue, Tomate, Cornichons, Pepperoni et Sauce Barbecue

## Burger News 21€

Hambúrguer 100% Bife do Lombo, Rúcula, Queijo Brie e Cebola Crocante  
*100% Filet Steak Burger, Rocket Salad, Brie Cheese and Crispy Onion*  
Hamburger 100 % Pur Bœuf de Faux-Filet, Salade Roquette, Fromage Brie et Oignon Croustillant

## Double Burger 22,5€

Hambúrguer Duplo 100% Bife do Lombo, Alface, Tomate, Queijo Cheddar, Bacon e Cebola Crocante  
*100% Double Filet Steak Burger, Lettuce, Tomato, Cheddar Cheese, Bacon and Crispy Onion*  
Double Hamburger 100 % Pur Bœuf de Faux-Filet, Laitue, Tomate, Cheddar, Bacon et Oignon Croustillant